

✠✠✠ The Congregation at Prayer ✠✠✠

A Guide for Daily Meditation and Prayer

Week Six: October 11th – October 17th

Catechism

The Sacrament of the Altar (second question)

Verse of the Week:

Ephesians 5:31-33

Psalm of the Week

Psalm 17

Hymn of the Week

609 Jesus Sinners Doth Receive

Bible Reading for the Week¹

Sunday: (*Philip the Deacon*) Exodus 13:1-16; John 7:53-8:30

Monday: Exodus 13:17-22; John 8:31-47

Tuesday: Exodus 14:1-18; John 8:48-59

Wednesday: Exodus 14:19-31; John 9:1-23

Thursday: Exodus 15:1-21; John 9:24-41

Friday: Exodus 15:22-27; John 10:1-21

Saturday: (*Ignatius of Antioch, Pastor and Martyr*) Exodus 16:1-12; John 10:22-42

¹ Please pre-scan and edit out any content not fit for little ears!

The Order of Meditation and Prayer

Pray and confess as much out loud as you are able, or as your family size and ages dictate. Learn by heart the verse, catechism, and hymn of the week to maximize your catechesis!

Hymn of the Week (Sing if able. If unfamiliar, look up on You Tube! At the very least, read the text out loud)

Invocation*

In the name of the Father ✠ and the Son and the Holy Spirit. Amen.

Apostles' Creed*

Verse(s) of the Week

Psalm of the Week (pray or read the psalm for seven days)

The Readings for the Day*

The Catechism Review for the Week*

Prayers*²

Lord's Prayer

Special Petitions

Morning or Evening Prayer

² For a modified and shortened form, do only the items underlined and *. This would take no more than 10 minutes!