

✠✠✠ The Congregation at Prayer ✠✠✠

A Guide for Daily Meditation and Prayer

Week One: September 6th – 12th

Catechism

Confession (Second Question)

Verse of the Week:

2 Corinthians 1:18-20

Psalm of the Week

Psalm 12

Hymn of the Week

819 Sing Praise to God, the Highest Good

Bible Reading for the Week¹

Sunday: Exodus 1:1-7; 2 Timothy 1:1-18

Monday: Exodus 1:8-14; 2 Timothy 2:1-13

Tuesday: Exodus 1:15-22; 2 Timothy 2:14-26

Wednesday: Exodus 2:1-10; 2 Timothy 3:1-9

Thursday: Exodus 2:11-15; 2 Timothy 3:10-17

Friday: Exodus 2:16-21; 2 Timothy 4:1-8

Saturday: Exodus 2:23-25; 2 Timothy 4:9-22

¹ Please pre-scan and edit out any content not fit for little ears!

The Order of Meditation and Prayer

Pray and confess as much out loud as you are able, or as your family size and ages dictate. Learn by heart the verse, catechism, and hymn of the week to maximize your catechesis!

Hymn of the Week (Sing if able. If unfamiliar, look up on You Tube! At the very least, read the text out loud)

Invocation*

In the name of the Father ✠ and the Son and the Holy Spirit. Amen.

Apostles' Creed*

Verse(s) of the Week

Psalm of the Week (pray or read the psalm for seven days)

The Readings for the Day*

The Catechism Review for the Week*

Prayers*²

Lord's Prayer

Special Petitions

Morning or Evening Prayer

² For a modified and shortened form, do only the items underlined and *. This would take no more than 10 minutes!