

✠✠✠ The Congregation at Prayer ✠✠✠

A Guide for Daily Meditation and Prayer

Week Twenty-two: January 25th-January 31st

Catechism

The First Article and Explanation (repeat)

Verse of the Week:

Luke 12:11-12

Psalm of the Week

Psalm 130

Hymn of the Week

639 Wide Open Stand the Gates

Bible Reading for the Week¹

Sunday (*The Conversion of St. Paul*): Numbers 8:1-4; Matthew 16:13-28

Monday (*St. Titus, Pastor and Confessor*): Numbers 8:5-22; Matthew 17:1-13

Tuesday (*John Chrysostom, Preacher*): Numbers 8:23-9:14; Matthew 17:14-21

Wednesday: Numbers 9:15-23; Matthew 17:22-27

Thursday: Numbers 10:1-10; 18:1-14

Friday: (No OT Reading); Matthew 18:15-35

Saturday: Numbers 10:11-36; Matthew 19:1-12

¹ Please pre-scan and edit out any content not fit for little ears!

The Order of Meditation and Prayer

Pray and confess as much out loud as you are able, or as your family size and ages dictate. Learn by heart the verse, catechism, and hymn of the week to maximize your catechesis!

Hymn of the Week (Sing if able. If unfamiliar, look up on You Tube! At the very least, read the text out loud)

Invocation*

In the name of the Father ✠ and the Son and the Holy Spirit. Amen.

Apostles' Creed*

Verse(s) of the Week

Psalm of the Week (pray or read the psalm for seven days)

The Readings for the Day*

The Catechism Review for the Week*

Prayers*²

Lord's Prayer

Special Petitions

Morning or Evening Prayer

² For a modified and shortened form, do only the items underlined and *. This would take no more than 10 minutes!